

Sentry Lodge Equipment list

IMPORTANT – SPACE ON THE HELICOPTER IS LIMITED, PLEASE DO NOT BRING MORE THAN 30 LB OF LUGGAGE

Clothing:

- Ski pants, breathable fabric such as Schoeller or with zippers for venting, ski jacket- Gore Tex or equivalent
- warm jacket, pile, wool, Schoeller
- down vest or small down jacket
- warm Shirt
- long underwear
- ski socks and spares
- toque, woolen hat
- sun hat, ball cap
- warm ski gloves and/or mitt, light pair gloves for touring
- 1 set of hut clothes, comfortable clothes to wear in the hut after skiing
- hut slippers or shoes

Boots:

- well fitting touring or telemark boots, it is best to be well acquainted with your boots.
- If you are renting bring some mole skin or other blister prevention supplies.
- snow boots - optional

Skis:

- good, all mountain skis with quality ski touring or telemark bindings.
- Snowboarding-split boards with proper width climbing skins, **no snow shoes**.
- There are no extra skis at Sentry.

Ski Gear:

- self adhesive climbing skins that are not too narrow under the foot (good Glue)
- telescopic or regular ski poles
- ski pack 35 litres
- avalanche probe
- avalanche shovel
- avalanche transceiver (good batteries)
- Ski Crampons - **Spring only (April/May)**
- Skin Wax - **Spring only (April/May)**

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Other:

- sun cream
- sun glasses
- goggles
- toiletries
- blister prevention supplies
- flash light or head lamp
- water bottle 1 or 2 liters
- camera
- extra batteries for Avalanche transceiver or head lamp
- reading book
- Repair kit – specific to own equipment
- Towels and Face cloth
- ***Lunch container/ Box or bag***
- Ear plugs for snoring noise protection

Bedding All beddings are provided (sleeping bags are not needed)